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She was a contributing writer to the book Joneeba: The Exciting Workout with the Dances and Drums of Africa. Training. TheCoreBookstore.com

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### **Lara sragow | linkedin**

As a LinkedIn member, She was a contributing writer to the book Joneeba: The Exciting Workout with the Dances and Drums of Africa (Hatherleigh, 2001).

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